

*Mind Your Manners - Ephesians 4:1 - 3*

## *Mind Your Manners - Ephesians 4:1 -3*

- “I therefore, the prisoner of the Lord, beseech you to walk worthy of the calling with which you were called, with all lowliness and gentleness, with longsuffering, bearing with one another in love, endeavoring to keep the unity of the Spirit in the bond of peace.”

# Mind Your Manners - Ephesians 4:1 -3

The three guidelines are to:

## WALK WITH HUMILITY

- **Lowliness:** humility: having a humble opinion of one's self / the correct estimate of oneself / seeing ourselves as we truly are

## WALK WITH GENTLENESS:

- **Meekness:** mildness / softness / this word is used to describe a soothing medicine or a soft breeze. power under control

## WALK WITH PATIENCE:

- **Longsuffering:** forbearance, slowness in avenging wrongs. Zhodiates: self-restraint before proceeding to action. The quality of a person who is able to avenge himself yet refrains from doing so. Patience in respect to persons, rather than circumstances.

# *Mind Your Manners - Ephesians 4:1 -3*

- **Special Words:**

- “May I?” : May I have your permission....?

- “Would you?” : Would you be willing to ....?”

- “Please” : Websters dictionary - *to give enjoyment, pleasure, or satisfaction to, to make glad or contented.*

- “Thank you”

# Mind Your Manners - Ephesians 4:1 - 3

<sup>NKJ</sup> **Psalm 37:1-11** A Psalm of David. Do not fret because of evildoers, Nor be envious of the workers of iniquity. <sup>2</sup> For they shall soon be cut down like the grass, And wither as the green herb. <sup>3</sup> Trust in the LORD, and do good; Dwell in the land, and feed on His faithfulness. <sup>4</sup> Delight yourself also in the LORD, And He shall give you the desires of your heart. <sup>5</sup> Commit your way to the LORD, Trust also in Him, And He shall bring *it* to pass. <sup>6</sup> He shall bring forth your righteousness as the light, And your justice as the noonday. <sup>7</sup> Rest in the LORD, and wait patiently for Him; Do not fret because of him who prospers in his way, Because of the man who brings wicked schemes to pass. <sup>8</sup> Cease from anger, and forsake wrath; Do not fret -- *it* only *causes* harm. <sup>9</sup> For evildoers shall be cut off; But those who wait on the LORD, They shall inherit the earth. <sup>10</sup> For yet a little while and the wicked *shall be no more*; Indeed, you will look carefully for his place, But it *shall be no more*. <sup>11</sup> **But the meek shall inherit the earth,** And shall delight themselves in the abundance of peace.

# *Mind Your Manners - Ephesians 4:1 - 3*

- Gal 6:1 – if a brother is overtaken in a fault, restore him in a spirit of meekness
- 2 Tim 2:24, 25: And a servant of the Lord must not quarrel but be gentle to all, able to teach, patient, in humility correcting those who are in opposition. ...
- Tit 3:2 — to speak evil of no one, to avoid quarreling, to be gentle, and to show perfect courtesy toward all people.

# *Mind Your Manners - Ephesians 4:1 -3*

- Proverbs 15:1: A soft answer turns away wrath, but a harsh word stirs up anger.
- Proverbs 14:29: He who is slow to wrath has great understanding, but he who is impulsive exalts folly.
- **Proverbs 29:8** Scornful men bring a city into a snare: but wise men turn away wrath

# *Mind Your Manners - Ephesians 4:1 -3*

- Proverbs 30:33: If you have been foolish in exalting yourself, or if you have devised evil, put your hand on your mouth. For as the churning of the milk produces butter, and wringing the nose produces blood, so the forcing of wrath produces strife.



# *Mind Your Manners - Ephesians 4:1 -3*

- **Pass the Peas, Please**
  - by Dina Anastasio.